

12. List the countries you have been in for the last 40 days.

**Biosecurity and Customs** – A separate declaration must be completed by each passenger including children under 18 years old not travelling with parents(s) or guardians(s).

## 2. BIOSECURITY DECLARATION

Mark answers like this **X**

### Are you bringing into the Cook Islands:

	YES	NO
Any Food: Including cooked, uncooked, fresh, preserved, packaged or dried?	<input type="checkbox"/>	<input type="checkbox"/>
Animals or animal products: including meat, dairy products, fish, honey, bee products, eggs, feathers, shells, raw wool, skins, bones or insects?	<input type="checkbox"/>	<input type="checkbox"/>
Plants or plant products: including fruit, vegetables, leaves, nuts, parts of plants, flowers, seeds, bulbs, fungi, cane, bamboo, wood or straw?	<input type="checkbox"/>	<input type="checkbox"/>
Other Biosecurity risk items: including animal medicines, biological cultures, organisms, soil or water?	<input type="checkbox"/>	<input type="checkbox"/>
Equipment used with animals, plants or water, including for Bee-keeping, fishing, water sport, or diving activities?	<input type="checkbox"/>	<input type="checkbox"/>
Outdoor sport or hiking footwear, tents or any other articles that may have soiled attached?	<input type="checkbox"/>	<input type="checkbox"/>
In the past 40 days outside of the Cook Islands have you visited a forest, had contact with animals not domestic cats and dogs or visited properties or plants for processing animals?	<input type="checkbox"/>	<input type="checkbox"/>

## 3. CUSTOMS DECLARATION

YES NO

### Do you know the contents of your baggage?

#### Are you carrying into the Cook Islands:

	YES	NO
Goods that may be prohibited or restricted, for example medicines, weapons, indecent publications, endangered species of flora or fauna, illicit drugs, or drug paraphernalia?	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol over the concession of 2 litres mixture/ or not of spirit, wine and liquer, or 4.5 litres of beer?	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco products over the concession of 200 cigarettes, or 250 grams of tobacco, or 50 cigars or a mixture of not more than 250 grams in total?	<input type="checkbox"/>	<input type="checkbox"/>
Goods obtained overseas and/or purchased duty free in the Cook Islands with a total value of more than \$750, including gifts?	<input type="checkbox"/>	<input type="checkbox"/>
Goods carried for business or commercial or goods carried on behalf or another person?	<input type="checkbox"/>	<input type="checkbox"/>
A total of NZ\$10,000 or more in cash (includes bearer negotiable instruments and pearls) or foreign equivalent?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been convicted of a criminal or immigration offence?	<input type="checkbox"/>	<input type="checkbox"/>
Are you suffering from any infectious diseases?	<input type="checkbox"/>	<input type="checkbox"/>

I declare that the information I have given is true, correct and complete, and agree to abide by the conditions of my entry into the Cook Islands.

Signature:

Date:

For Official Use Only:

# IMPORTANT MESSAGE FROM TE MARAE ORA COOK ISLANDS MINISTRY OF HEALTH



## Kia Orana and welcome to the Cook Islands.

The Omicron variant of the COVID-19 virus is currently circulating in the Cook Islands.

We encourage public health measures such as wearing of face masks in indoor facilities and hand hygiene. Please monitor for signs and symptoms of COVID-19.

### SYMPTOMS COULD INCLUDE:

- Sore throat
- Runny nose
- Fever
- Tiredness
- Body aches

Should you develop any signs and symptoms of COVID-19, you should self-isolate at home or in your accommodation and contact your accommodation provider or Te Marae Ora on 0800 1888 for Rarotonga and 0800 1222 for Aitutaki.

## General Public Health Measures



STAY HOME IF UNWELL



WASH HANDS WITH SOAP AND WATER



WEAR A MASK IN INDOOR FACILITIES



MAINTAIN PHYSICAL DISTANCING



SANITISE YOUR HANDS REGULARLY

DO YOU HAVE ANY COLD, FLU OR COVID-19 SYMPTOMS?  
CALL THE HEALTHLINES: RAROTONGA 0800 1888 OR AITUTAKI: 0800 1222